



THE 2024 WEST YORKSHIRE CROSS COUNTRY LEAGUE

The West Yorkshire Cross Country League consists of 4 meetings in total, at different venues in West Yorkshire. All meetings will be held under UK Athletics rules – licence number CC2024/1256.

The League is open to athletes from clubs affiliated to England Athletics that are in the West Yorkshire and surrounding area.

Each meeting will have a total of 10 separate races for U11, U13, U15, U17, U20 & Senior athletes. Males and females will have separate races.

U11 athletes must be in school years 5 or 6, with a DOB no later than 31/08/2015.

The league dates for 2024 are:-

Sun 6 th October	Round 1	Guiseley
Sun 27 th October	Round 2	Wakefield
Sun 10 th November	Round 3	Leeds
Sun 8 th December	Round 4	Rothwell

These are the races and the running order to be held at each meeting, with **approximate** distances :-

U11 Boys	1500 m
U11 Girls	1500 m
U13 Girls	3000 m
U13 Boys	3000 m
U15 Girls	3500 m
U15 Boys	4500 m
U17 Ladies	4500 m
U17 Men	6000 m
Jun/Sen Ladies	6000 m
Jun/Sen Men	10000 m

The first race will be at 11:45 am, and the last race will be at 14:15 pm.

The start times of the races in between may vary from meeting to meeting and will be at the discretion of the race referee and chief timekeeper, taking into account the course layout and length of the laps.

Please note, due to time constraints, there will be a cut-off time of 60 minutes for the final men's race, after which times may not be recorded. Runners who fail to make the cut-off may still have their positions recorded, but may have to submit their own times to the results secretary. Alternatively, it may be possible to set off earlier at the same time as the ladies, on a separate clock, after checking with the officials on the day.

More details of all the meetings and events can be found on the WYL webpage for 2024 :-
<http://www.westyorkshireathletics.org.uk/wyl24index.htm>

All athletes, except those in the U11 age group, **MUST** have an up-to-date England Athletics registration, and should enter individually, using the SportSoft entry system. The link to this will be found on the WYL webpage above.

There is a **single league entry fee of £25**, which covers all 4 meetings. Each league entrant will be issued with a league number at the first meeting, which they must keep for use throughout the league season. Entries should be made at least a week before the date of the first meeting. There are **NO ENTRIES ON THE DAY**

Runners will score points at each meeting, according to their finishing position, and will need to compete in at least 3 meetings to qualify for a league award.

League awards will be given to the first 3 in each age category, and there will be awards for the leading teams. At each meeting there will be 6 to score in the Senior Men's team competition, 4 to score in the Senior Women's team competition, and 3 to score in the younger age groups.

For veteran athletes aged 35 and above, there will be additional awards in each 5-year age group, depending on the number of competitors, up to the age 65+. Veteran athletes winning awards in the open age group will not qualify for additional veteran awards.

League awards will be presented at the end of the final meeting.